

## Activities Blog January to March 2023

Hello from Activities! Hope everyone is coping with the start of 2023 - it has certainly been eventful!

Our residents and their families are doing well and are so supportive of the Activities role.

At the end of last year, we welcomed Anju to the Activities department as Riripeti resigned to support her family. Anju was previously one of our Team Leaders so is very knowledgeable about the resident's needs.



In the middle of January, Anju went back to Nepal and India and got married! We enjoyed all the photos and videos she sent and learning of the different marriage culture in her country.

We were lucky to welcome all our usual Happy Hour entertainers back in January/February and with a few extras on other days. We celebrated Robbie Burns Day at the end of January with a haggis and a 'tot of whiskey'. Thank you to Rob and Cathy for the 'Ode' and making of the haggis.



February brought Valentines Day with chocolate tasting then Shrove Tuesday with pancake making.

We had our usual activities of games, quizzes, sit fit, bingo, bean auction and ice cream rounds.

March - we welcomed Anju back and started having van rides again. We also had two lovely ladies do a Line Dancing display and are looking forward to other entertainers coming.

We would like to thank our volunteers for coming back this year and welcome new residents. Also, we would like to remember those that have passed.

Best wishes

*Mandy and Anju*