

PHOTOS FROM SOME OF OUR ACTIVITIES



Saint Patricks Day



Bead Auction. Great Prize



Outing to the falls



Games at the falls



Easter Projects



Holi Day Festival – Mandy & Anju

Message from our Activities Coordinators

And just like that its April. Autumn greetings from Activities. January saw all our usual entertainment start up again. We are so grateful for all our entertainers sharing their talents with our lovely residents.

Continuing through January and February also had crafts, baking, van rides, ice creams, word games and of course bingo. In February we recognised Chinese New Year and had a lot of fun using chopsticks to pick up dumplings.

March saw us enjoying banana splits after watching a huge, donated banana bunch ripening on the deck. We also celebrated St Patricks day with potato bowling and everything green. Though the green pikelets didn't work out too well!

We also celebrated Holi Day – a colourful festival with painting each other's faces and trying Indian dessert Gulab Jamun. I think the Activities Co-ordinators had more face paint on them than the residents. Interesting to learn the history and culture behind the happy festival.

Before the weather turned, we joined other resthomes at Whangarei Falls for a picnic in the park. We shared Kai and games, and we look forward to more intermixing with other resthomes in the future.

Lastly the Easter Bunny visited, and chocolate eggs were enjoyed by all.

Now that the clocks have changed, we are looking forward to more winter activities.

We remember our lovely residents who have passed and welcome new faces to our home.

Mandy and Anju - Activities Coordinators

Message from our Facility Manager

Greetings families/ whanau, visitors, friends, staff, and residents

Christmas and Easter have been and gone and I have enjoyed being out in the sun spending time with my family during the summer months.

In January we had an unfortunate outbreak of covid, and it was a difficult time for the Residents and staff, but thanks to our strict infection control measures and the professionalism of our staff we were able to keep the home running smoothly. A big thankyou to all staff for their support.

We have had a change of house doctor this year. In March we said goodbye and happy retirement to Doctor Jill Rocha who served us for many years, and we have welcomed Doctor Jim Shimanski from the Maungatapere Medical center to our fold.

Now with autumn well and truly here and the days becoming cooler, it will soon be time to start our fires at home.

Remember to wrap up warm and if you are feeling unwell, please refrain from visiting until you feel better.

Regards



Lesley Middleton.

Message from our Clinical Manager

Hello all and a big welcome to new residents and families.

Wow what an amazing Autumn we have had this year warm and sunny. Love getting outside without being sizzled by the sun.

We have welcomed new Registered nurses to our team. Residents have enjoyed getting to know them and appreciate the skills they bring to the care they receive.

A big change for Cairnfield House was our G.P Dr Jill Rocha retired. Dr Jill has been part of the Cairnfield House family for over 10 years and will be very missed.

We are pleased to have Dr Jim Schimanski from Maungatapere Medical Centre as our new G.P. We have comprehensive support from the medical centre including their very talented RN's who also support us.

We also have a new podiatrist Winsome Dacres, who joined our team in 2023.

A reminder to visitors if you are feeling unwell or have been exposed to any illness please don't visit until you are well or are sure you haven't picked up any nasty bugs. We welcome children to visit; please ensure they are well before they come.

Belinda Haskell



Remember to like us on Facebook to see what we get up to!

<https://www.facebook.com/Cairnfieldhouse/>

Residents Clothing - Please ensure as you change seasonal clothing for your loved one, that their personal clothing items are named. This way we can ensure residents receive the correct items once they have been cleaned. Fabric markers eventually wash of so we recommend getting proper named labels which you can order online through <https://www.nameit.co.nz/>



Ice creams enjoyed at Tamaterau.

CAIRNFIELD HOUSE REST HOME AND HOSPITAL



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